

Situation 1

You tell a teammate about a guy/girl who you have a crush on. You finally ask your crush out on a date, and he/she says yes. During the date, you run into your teammate, who starts flirting with your crush right in front of you. You get angry and yell at your teammate. You grab your date and walk away. The next day at team practice, your teammate calls you a 'baby' and jokes about almost stealing your date.

Instead of yelling at your teammate when he/she interrupted your date, what could you have said or done to diffuse the situation? What is a good way to react to your teammate who laughs at you during practice? What should the rest of the team have done when they witnessed the exchange? How can you mediate the situation, so that you and your teammate can be cordial, and once again work together on the same team?

Situation 2

Your friends are going to a party on Wednesday night. You have a Maths test on Thursday morning and your parents don't want you to go but they have allowed you to choose. What should you do?

Situation 3

Your friends start calling you names, sending you nasty text messages and forcing you to give them things. You don't feel good when these things happen. What should you do?

Situation 4

A group of kids in your class are spreading hurtful rumours about you by sending text messages around. Many kids now won't speak to you in class or the playground. Even your friends are starting to think they may be true. What should you do?

Situation 5

Someone in your class asks you to work with him on his homework after the teacher has specifically told the class that the assignment should be done without any help. What should you do? Can you help out a classmate without disadvantaging everyone?

Situation 6

Cheryl took a photo of you in class without you knowing. She sent it to your whole grade with a mean comment attached.

What do you say to Cheryl? What do you do if you receive a message like this?

Situation 7

Your close friend has been distant, not talking to you very much at school or afterwards. You feel that something has changed but no idea what. You feel that maybe you have done something wrong. How do you work through this *with* your friend?

Situation 8

Your closest friend starts hanging out with someone who used to bully you. Even though you have other friends, you feel hurt that your friend is seeming to choose her over you. How do you respond? How do you talk to your friend?